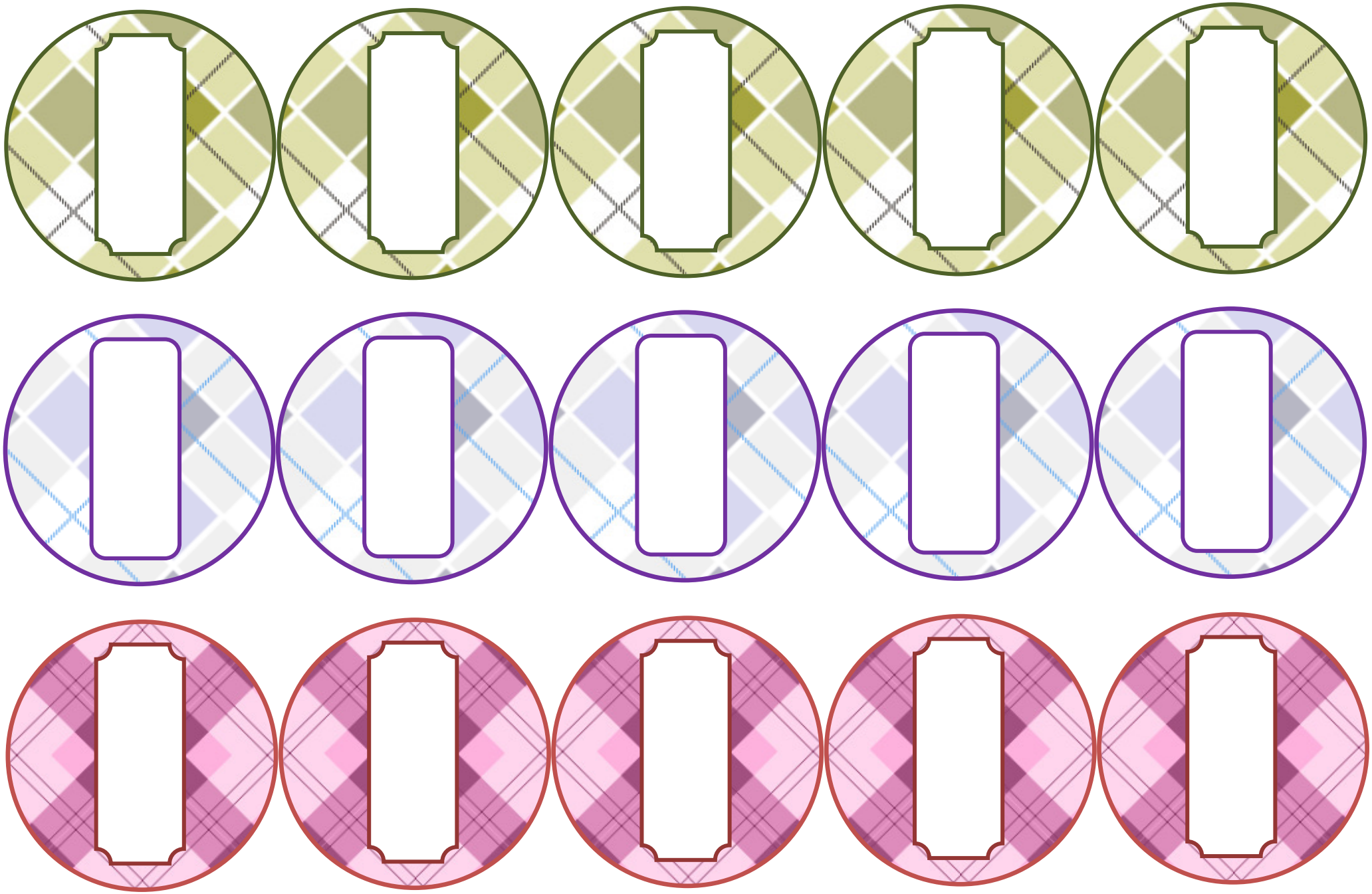garden therapy