



Yay! Your weekly edition of **What's in Season**, the Garden Therapy newsletter is here.

Make sure you never miss an issue by adding me (hello@gardentherapy.ca) to your email contacts.

You won't find me out in the garden worrying about weeds or pests or perfection.

Nope. When I'm in the garden it's all about one thing.

PLAY.

I believe the garden should be a space of joy, exploration, and playfulness, no matter how old you are. I spend a lot of time gardening with children and see the benefits of play-based learning first hand. And why shouldn't we keep that going as we grow up?

My newest **Limited Edition Seed Collection & DIY Kit** is made for kids to foster a love of gardening and a connection with the grown-ups who garden with them. It includes kid-approved garden tools, plus some of the most playful vegetables you will ever grow.

Oh, and the seed packets are even designed to be colored. **How cool is that?!**



Latest from the Blog

On the blog this week we have lots of ideas to add a sense of fun to the garden, from growing tiny, adorable fruits to growing a portable veggie garden that you can move out of the way when you need more space to play.

Why not leave the chore list for a while and join me in the garden to play?



Portable Gardening: Growing Tomatoes, Peppers, and Herbs in Burlap Grow Bags

Grow a high-yield vegetable [garden in a bag](#). Perfect for small spaces!



Super Cool Edible Plants for a Fun and Educational Kids' Vegetable Garden

[Getting kids out in the garden](#) is easy with these exciting edible plants that appeal to gardeners of all ages.



How to Grow Cucamelons AKA Mouse Melons or Mexican Sour Gherkins

Whatever you prefer to call them, [these tiny melons](#) are sure to be a big hit.



A Sweet Garden Party Treat: Edible Flower Lollipops

These [edible flower lollipops](#) make great party favors and add a touch of whimsy to any event.

Seasonal Goodies

Here are a whole bunch more ideas for gettin' your garden therapy on this week based on What's in Season.

- 43 Healthy [Herbs for Hens](#)
 - The Importance of [Bee Culture](#)
 - [Garden Perspective Drawing](#) for the Home Gardener
 - How to Do a [Soil pH Test](#) at Home
 - Make a Pretty [Birdcage Succulent Planter](#)
 - [Starting Veggie Seeds](#): Root Vegetables and Heat Lovers
 - [Tuscan Kale Salad](#) with White Beans and Roasted Garlic
 - Gardener's [Hand Care Routine](#) for Healthy (and Clean) Hands
-

I know you are working hard to get your gardens growing, or perhaps dreaming of what you will do when the snow finally melts. Either way, be sure to set aside some time to play with plants. They are all around you, I swear!

See you in the garden,



Stephanie Rose | Garden Therapy

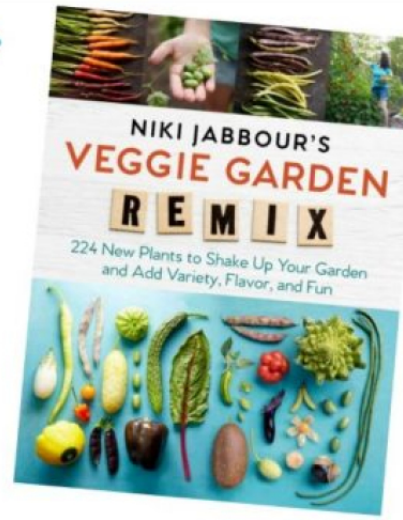




NEW Kids' Gardening Kit

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Enter
to
WIN
a
copy!!



Shake up your veggie garden!

[Don't Miss it!](#)

Garden Therapy

<https://gardentherapy.ca/>

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