

Yay! Your weekly edition of **What's in Season**, the Garden Therapy newsletter is here. Make sure you never miss an issue by adding me (hello@gardentherapy.ca) to your email contacts.

You can read past newsletters by visiting our archives https://gardentherapy.ca/newsletter-archives

It's cherry blossom season in Vancouver right now and I'm reminded of how lucky I am to live here, where the city is transformed into a magical sea of pink and white blooms during spring.

Whether it's the light scent of cherry blossoms or the sound of bees buzzing nearby, it's the little things in the garden that bring me the most joy.

Little details can have a big impact, which is why I focus on small, doable tasks in the garden such as planting a few flowers in the vegetable bed, making sure my pots are washed, and setting out water to attract pollinators. Here are some simple things you can do in the garden this week for big results.

Latest from the Blog



How to Clean Garden Pots

Properly <u>cleaning pots</u> gets rid of any trace of disease or pests and gives your plants their best start.



Vegetables Love Flowers: Improve Your Vegetable Yield by Planting Beautiful Blooms

Find out how <u>planting more flowers</u> can give you more vegetables!



Celebrate Renewal and Romance with a Sakura Cherry Blossom Soap Recipe

I'm celebrating Vancouver's Cherry Blossom Festival by making these personal-sized <u>Sakura soaps</u>.



Bee a Good Garden Host: Make a Bee Bath

Bees need water for a variety of reasons. Make this easy (and pretty!) bath for bees to attract them to your garden and give them a helping hand.

Seasonal Goodies

Here are a whole bunch more ideas for gettin' your garden therapy on this week based on What's in Season.

- How to Make Concrete Planters
- Install a <u>Disappearing Fountain</u> in Your Home Garden (it's Easier than You Think!)
- Create a <u>Secret Garden</u> as a Therapeutic Outdoor Space
- Super Simple **Quick Pickled Radishes**
- These Powerful Flowers <u>Deter Pests</u> Naturally
- How to **Grow Herbs** Indoors (Successfully)
- Doggy John: Build a Flushable Dog Run

Take some time this week to focus on the little things. Which small details bring you joy in the garden at this time of year?

See you in the garden,



Stephanie Rose | Garden Therapy















