

# better living through plants

Yay! Your weekly edition of **What's in Season**, the Garden Therapy newsletter is here. Make sure you never miss an issue by adding me (<u>hello@gardentherapy.ca</u>) to your email contacts.

You can read past newsletters by visiting our archives <u>https://gardentherapy.ca/newsletter-archives</u>

This week, I've been thinking a lot about leaves.

#### Yes, leaves.

They are a part of the plant that offers so much. Plants like herbs have leaves that are full of flavor, fragrance, herbal medicine, pest control, and even sentiment. The fleshy, water-storing leaves of many a succulent provides the plant with its drought-tolerance superpower. And there are plenty of colorful leaves with interesting textures that will give any flower a run for its money in the beauty department.

We often spend so much time focusing on the fruit and flower of a plant that we forget how wonderful the leaves are. So, this week we're celebrating leafy plants like herbs and succulents in all their weird and wonderful glory.

#### Latest from the Blog



## Succulents So Many Ways! Creative Projects that Celebrate Succulents

From a living wreath to a watercolor painting, you're sure to find a <u>creative succulent project</u> that you'll love.



### The Essential Guide to Growing Happy + Healthy Succulents

Everything you need to know about <u>caring for succulents</u>, from planting to pruning to wintering.



Celebrate the Beauty and Meaning of Different Herbs with these Free Herb Printables

Learn the language of herbs and display their beauty with this <u>free</u> <u>printable wall art.</u>



#### Grow Your Own Perennial Herb Container Garden

Follow these steps to grow a smallspace <u>herb garden</u> that will keep coming back year after year.

# **Seasonal Goodies**

Here are a whole bunch more ideas for getting garden therapy this week based on What's in Season.

- Bee a Good Garden Host: Make a Bee Bath
- Backyard Chicken Breeds and Egg Color
- DIY Seashell Beeswax <u>Tea Lights</u> Fit for the Beach
- Create a <u>No-Till Garden</u> and Retire Your Tiller Forever
- Decorative Ideas for Creating a Summer Container Garden
- Blackberry Coconut <u>Chia Seed Pudding</u> Recipe
- Wait Until You See this Terrarium Nightlight!

What's your favorite kind of leaf? Is it something edible, meaningful, or just cool looking? I'd love to hear from you.

See you in the garden,



#### Stephanie Rose | Garden Therapy





Limited Edition Superfoods Garden



Limited Edition Natural Beauty

