



Hey there,

It's sort of blasphemous to say at this time of year, but here it is:

I'm boycotting pumpkins.

They're everywhere you look in October. Orange pumpkins, pink pumpkins, blue pumpkins, carved pumpkins, planted pumpkins, Pumpkin Spiced Lattes...everything pumpkin!

Don't get me wrong, I still think pumpkins are great. I grow pumpkins, make the annual pumpkin farm pilgrimage, and I've done [A LOT of crafts with pumpkins](#) over the years. I've even had special newsletters dedicated to pumpkins and nothing else. But this year, I'm having a pumpkin-free October.

Because there is so much more to this magical time of year than just pumpkins. This October, Garden Therapy will be dedicated to all the other plants that are overshadowed by those giant orange globes. In the coming weeks we will celebrate with celosia, we will admire amaranth, and we will holler about hops. Doesn't that sound fun?

On the Blog

This week kicks off the no-pumpkin party with a tour of an "uncool" garden, sumptuous seed heads, and some updates on the very popular art of bleaching pinecones. Please join me on a tour of all the wonders that October has to offer once you really have a look.



VanDusen's Dried Flower Arrangers' Garden: in Praise of an "Uncool" Art

Come visit a garden made for [dried flower arrangements](#) with me and bask in the joy of this forgotten art.

Seasonal Goodies



Preserving the Ornamental Garden: How to Dry Flowers, Leaves, Stems, and Pods for Crafting

The garden is full of gorgeous natural decor right now in the form of sculptural [seed heads](#) and more.



How to Make GORGEOUS Bleached Pinecones

We've updated this popular project with some FAQ and answers. Read about how to give found [pinecones](#) a rustic patina with bleach and see why it's so darn popular!

Here are a whole bunch more (non-pumpkin) ideas for getting garden

therapy this week based on What's in Season.

- Use [Season Extenders](#) for a Late Harvest
- How to [Divide Succulents](#) Through Easy Home Propagation
- [Good Clean Fun](#): THE Idea Book for Creative Melt and Pour Soap Projects
- How to Get Your [Christmas Cactus](#) to Bloom!
- A Fabulous Fall [Bleached Pinecone Wreath](#)
- Fresh [Herb Finishing Salt](#) Recipe

This month, I hope you join me in slowing down, moving past the pumpkins, and looking for the beauty of plants that is not so obvious.

See you in the garden,

Xox

Stephanie



Stephanie Rose | Garden Therapy



Oh, and a Wee Bit of Housekeeping....

Make sure you never miss an issue by adding me (hello@gardentherapy.ca) to your email contacts.

You can read past newsletters by visiting our archives <https://gardentherapy.ca/newsletter-archives>.

Check out our [Members Only Library](#). Use the password "LOVEGARDENTHERAPY" to gain access to over 30 freebies and check back often to see what's new.



PS:

Have you seen my new book, [Home Apothecary](#)? Now is the perfect time to pick it up so you know which herbs and botanicals to harvest to make all the gorgeous homemade bath and body products inside.

Garden Therapy

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